

**BURKE UNITED METHODIST  
HEALTH KITS FOR HAITI  
January 17, 2010**

UNITED METHODIST COMMITTEE ON RELIEF has issued a plea for Health Kits for Haiti. The VA UM Conference is asking local congregations to join hands in meeting this need. First date for delivery in the Northern VA area will be handled as follows:

Health kits can be taken to ANNANDALE UMC, in labeled boxes, between 9 a.m. and 5 p.m. Tuesday to Friday, January 19-22 or on Sunday, January 24 before 1 p.m. Annandale UMC, 6935 Columbia Pike, Annandale VA 22003, 703-256-8330.

The kits donated by the Alexandria and Arlington Districts will be transported to a regional collection center on Sunday, 1/24 and then transported to Sager-Brown Depot of UMCOR for shipment to Haiti.

“For people who are feeling powerless in being able to help those in Haiti, providing health kits is a tangible way they can make an immediate difference,” said Kathy Kraiza, director of UMCOR’s relief supplies. She estimates that hundreds of thousands of kits will be needed in the days and months ahead.

Kits or individual items needed for the kit may be dropped off at Burke United Methodist Church in the entryway or in marked containers in the Fellowship Hall. Help us do **kit assembly and packaging on Saturday, January 23** between 9:00-11:00 AM and Sunday morning at 10:30AM. Check web site for latest details. Empty Xerox paper boxes with lids will be helpful.

**We will continue to accept kits and supplies through February 14, 2009.**

**Place the following items in a sealed one-gallon plastic bag.**

- 1 hand towel (15” x 25” up to 17” x 27”). No kitchen towels.
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 6 adhesive plastic strip sterile bandages
- \$1.00 to purchase toothpaste

Each packed and labeled box cannot exceed 66 pounds

Please continue to be in prayer for the people of Haiti and all the aid workers seeking to provide assistance to them.

*During this time of pain and suffering, let us take comfort in the promise of Psalm 46:1, NSRV: “God is our refuge and strength, a very present help in trouble.”*