



Rachel James

Communications Admin

Rachel is a Northern Virginia native who graduated from George Mason University in 2023 with a major in Interpersonal and Organizational Communication, and a minor in Forensic Psychology. She brings practical experience in Liturgical communications and direct mail marketing to the table.

Off-duty, Rachel is a dedicated crocheter, finding joy in crafting handmade gifts for her loved ones. Together with her husband, Theo, she enjoys traveling, attending concerts, and trying new foods. Their home is shared with two mischievous cats, Benny, and Bambi, who add plenty of laughter to their lives. Rachel's personal passion lies in ending hunger, and she actively volunteers her time and resources to support local food banks and initiatives. As Rachel balances her personal interests with her professional pursuits, she approaches each day with a blend of creativity, curiosity, and a heartfelt commitment to making a positive impact.